

ARQAT

Proper attribution for TREATS and TREATS-RG

Primary Reference for TREATS

Reven, M. E., Bowles, E. J., Audia, D. D., Cohen, M. M., Joswiak, D. J., Kurkas Lee, B. A., May-Fitzgerald, A. C., Peppers-Citizen, M., Resnick, J. A., Tomaino, J. M., & Unger, B. J. (2024). Quality appraisal of research reporting for aromatherapy and essential oil studies in humans: Proposed checklist for “Transparent reporting for essential oil and aroma therapeutic studies”. *Journal of Integrative and Complementary Medicine*, <https://www.liebertpub.com/doi/10.1089/jicm.2023.0006>

Optional for TREATS and writing about TREATS

Unger, B., Reven, M., & Resnick, J. (2023). Developing ARQAT (aromatic research quality appraisal taskforce) and a new era of aromatic research reporting. *The International Journal of Professional and Holistic Aromatherapy*, 12(2), 48 – 52.

Reven, M. E., Bowles, E. J., Peppers-Citizen, M., May-Fitzgerald, A. C., Audia, D. D., Cohen, M. M., Joswiak, D. J., Kurkas Lee, B. A., Resnick, J. A., Tomaino, J. M., & Unger, B. J. (2022). *A quest for quality reporting in aromatic research: 2022 white paper* (p. 54) [White Paper]. Aromatic Research Quality Appraisal Taskforce ARQAT. <https://www.arqat.org/the-white-paper>

Proper Attribution for TREATS-RG

Reven, M. E., Bowles, E. J., Ablard, K., Peppers-Citizen, M., May-Fitzgerald, A., Joswiak, D., & Unger, B. (2025). Essential criteria for reporting of aromatherapy-focused research in humans: An international Delphi consensus study protocol. *PLOS ONE*, 20(3), e0318379. <https://doi.org/10.1371/journal.pone.0318379>

Proper Attribution for the White Paper

Reven, M. E., Bowles, E. J., Peppers-Citizen, M., May-Fitzgerald, A. C., Audia, D. D., Cohen, M. M., Joswiak, D. J., Kurkas Lee, B. A., Resnick, J. A., Tomaino, J. M., & Unger, B. J. (2022). *A quest for quality reporting in aromatic research: 2022 white paper* (p. 54) [White Paper]. Aromatic Research Quality Appraisal Taskforce ARQAT. <https://www.arqat.org/the-white-paper>